



*"The mission of Cardinal Recovery, LLC is to provide to the people of Gallia County and surrounding areas, quality alcohol and drug abuse/addiction services which will include but not limited to: Residential Services, Individual and Group Counseling, and Case Management."*

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## Cardinal Recovery Programs

### Withdrawal Management

CARDINAL RECOVERY, LLC HAS A NEWLY RENOVATED FACILITY LOCATED AT 105 THOMPSON RD. IN BIDWELL, OH FOR OUR WITHDRAWAL MANAGEMENT PROGRAM. OUR DETOX FACILITY CAN ACCOMMODATE 12 CLIENTS, BOTH MEN AND WOMEN.

### Men's Inpatient Treatment Facility

SINCE 2016, CARDINAL RECOVERY, LLC, HAS A MEN'S INPATIENT TREATMENT PROGRAM, LOCATED ON JACKSON PIKE IN GALLIPOLIS, WHICH CAN ACCOMMODATE UP TO 12 CLIENTS AT ONE TIME. OUR FACILITY ALSO HAS A CLASSROOM DESIGNED FOR DAILY GROUP COUNSELING, LIVING AND DINING AREA, KITCHEN AND LAUNDRY ROOM. IT IS CARDINAL RECOVERY, LLC'S, FOCUS TO PROVIDE EACH CLIENT WITH A COMFORTABLE AND WELL-MAINTAINED LIVING ENVIRONMENT.

### Outpatient Services

CARDINAL RECOVERY, LLC OFFERS OUTPATIENT SERVICES FOCUSING ON LIFE SKILLS AND DIFFERENT STRATEGIES PER CLIENT NEEDS.

**For additional information please send your requests to:**  
**[cardinalrecoveryllc1@gmail.com](mailto:cardinalrecoveryllc1@gmail.com)**

**Check us out on the web at:**  
**[cardinalrecoveryllc.org](http://cardinalrecoveryllc.org)**

### Cognitive-Behavioral Interventions for Substance Abuse

The curriculum is designed for individuals that are moderate to high need in the area of substance abuse and well suited for criminal justice populations. This intervention relies on a cognitive behavioral approach to teach participants strategies for avoiding substance abuse.

### Living in Balance

Updated to meet DSM-5 classifications, this flexible program draws from cognitive-behavioral, experiential and Twelve Step approaches to help clients achieve lifelong recovery. This program is ideal for a variety of settings and is extremely comprehensive and customizable. Clients can join the treatment process at any point in the program delivery.

### Relapse Prevention

The relapse prevention program includes a self- assessment for clients to ascertain how well they are preventing relapse. The program will cover topics such as Treatment Attitudes, Recovery Behaviors, Common Recovery Dilemmas and Protracted Withdrawal.

### 12- Step Facilitation

Clients will be introduced to the 12 steps of recovery. The program merges material from both NA and AA into a comprehensive guide. It discusses each step and asks clients questions designed to ascertain their willingness to delve deeper into that step and their recovery.

## Services Offered for Men's Inpatient Substance Abuse Treatment

- **Case Management:** This service is offered to assist clients with mental health and/or medical appointments, court appearances, transportation and post treatment basic needs such as housing and employment.
- **Life Skills:** This will be utilized to strengthen client's basic life skills in areas such as cooking, budgeting, resume building, etc.
- **Health and Wellness:** Keeping in line with Cardinal Recovery's holistic approach to treatment, every client will be offered a chance to routinely work on their physical health by working out at The Warehouse Gym.
- **In House Meetings:** Members of the recovery community will be volunteering their time to "bring a meeting in" to the residents.
- **Outside Meetings:** Clients will be transported and accompanied by staff to outside AA and NA meetings throughout Gallia County.

**Referrals to Cardinal Recovery, LLC can be made by court officials, outside health agencies, local and/or state government agencies and self-referred.**